



**मोतीलाल नेहरू राष्ट्रीय प्रौद्योगिकी संस्थान इलाहाबाद**  
**इलाहाबाद-२११००४ [भारत]**  
**Motilal Nehru National Institute of Technology Allahabad**  
**Allahabad-211004 [India]**



# 51<sup>st</sup> Annual Athletic Meet

FORMAL EVENTS		IN-FORMAL (STUDENTS)		PRIZE MONEY FOR INTRA EVENTS			
A) TRACK EVENTS	CATEGORY	1.	2M + 2W	EVENTS	GOLD	SILVER	BRONZE
1. 100m	M/W	2. BRICK RACE	1M + 1W	1 4X100m RELAY	2000 /-	1500 /-	1000 /-
2. 200m	M/W	3. SLOW CYCLING	M/W	2 4X400m RELAY	2000 /-	1500 /-	1000 /-
3. 400m	M/W	4. 3-LEG RACE	1M + 1W	3 MIX RELAY	700 /-	400 /-	300 /-
4. 800m	M/W	5. TUG OF WAR	12M/12W	4 BRICK RACE	500 /-	300 /-	200 /-
5. 1500m	M/W	6. ALUMNI RELAY	4M/4W	5 SLOW CYCLING	500 /-	300 /-	200 /-
6. 3000m	W	7. ALUMNI IND. EVENT	M/W	6 3-LEG RACE	500 /-	300 /-	200 /-
7. 5000m	M	<b>IN-FORMAL (KIDS)</b>		<b>BEST ATHLETE (M &amp; W) - 800 /-</b>  <b>BEST NEW-COMER (M &amp; W) - 500 /-</b>			
8. 4x100m RELAY	M/W	1. 50m RACE	B/G				
9. 4x400m RELAY	M/W	2. 100m RACE	B/G				
10. 110m HURDLES	M	<b>IN-FORMAL (STAFF)</b>					
<b>B) FIELD EVENTS</b>		1. 50m BRISK WALK	TEACHING STAFF(>45Y)				
1. HIGH JUMP	M/W	2. 100m RACE	TEACHING STAFF(<45Y)				
2. LONG JUMP	M/W	3. 200m RACE	NON-TEACHING STAFF(C-III)				
3. TRIPLE JUMP	M/W	4. 400m RACE	NON-TEACHING STAFF(C-IV)				
4. SHOT-PUT	M/W	5. MUSICAL CHAIR	W				
5. DISCUS THROW	M/W						
6. JAVELIN THROW	M/W						
7. HAMMER THROW	M/W						

\*\*\* NOTE\*\*\* : M – MEN, W – WOMEN, B – BOYS, G – GIRLS, C-III – CLASS III, C-IV – CLASS -IV

Contacts:

Event Coordinators

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S.P.VERMA  
(ORG. SECRETARY)

**Note: There is on spot registration of participant for any event at registration desk.**



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## INTER COLLEGE

February 8, 2018

09:30 a.m.	Opening Ceremony
10:15 a.m.	100m Heats (Boys)
10:45 a.m.	100m Heats (Girls)
11:00 a.m.	Discuss Throw (Boys)
11:15 a.m.	Discuss Throw (Girls)
11:45 a.m.	Long Jump (Boys)

Lunch Time 1:00 – 2:00 p.m.

02:00 p.m.	Long Jump (Girls)
02:15 p.m.	400m Heats (Boys)
02:30 p.m.	400m Heats (Girls)
03:15 p.m.	1500m (Boys)
03:45 p.m.	1500m (Girls)
04:00 p.m.	4 X 10 m Relay Heats (Boys)
04:30 p.m.	4 X 100m Relay Heats (Girls)

## February 9, 2018

09:30 a.m.	110 m Hurdles (Boys)
10:00 a.m.	Shot put (Boys)
10:45 a.m.	Shot put (Girls)
11:00 a.m.	4 X 400m Relay Time Trial (Boys)
11:30 a.m.	4 X 400m Relay Time Trial (Girls)
11:45 a.m.	Triple Jump (Boys)

## Lunch Time 1:00 – 2:00 p.m.

02:00 p.m.	200m Heats (Boys)
02:00 p.m.	Javelin (Boys)
02:15 p.m.	200m Heats (Girls)
02:45 p.m.	Javelin (Girls)
03:15 p.m.	High Jump (Boys)
03:30 p.m.	400m Finals (Boys)
04:00 p.m.	High Jump (Girls)
04:15 p.m.	400m Finals (Girls)
04:30 p.m.	800m Finals (Boys)
04:45 p.m.	800m Finals (Girls)

## February 10, 2018

09:30 a.m.	400m <u>H</u> urdles (Boys)
10:00 a.m.	5000m Finals (Boys)
10:45 a.m.	3000m_ Finals (Girls)
11:15 a.m.	200m Finals (Boys)
11:15 a.m.	Hammer Throw (Girls)
11:45 a.m.	200m Finals (Girls)
11:45 a.m.	Hammer Throw (Boys)

## Lunch Time 1:00 – 2:00 p.m.

02:00 p.m.	100m Finals (Boys)
02:15 p.m.	100m <u>Fin</u> als (Girls)
03:00 p.m.	4 X 1 0m Finals (Boys)
03:15 p.m.	4 X 100m Finals (Girls)
03:45 p.m	Closing Ceremony



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## **INTRA COLLEGE**

**February 8, 2018**

<b>09:30 a.m.</b>	<b>Opening Ceremony</b>
10:30 a.m.	100m Heats (Boys)
10:45 a.m.	100m Heats (Girls)
11:00 a.m.	Discuss Throw (Boys)
11:15 a.m.	Discuss Throw (Girls)
11:45 a.m.	800m Finals (Boys)
12:00 a.m.	800m Finals (Girls)
12:00 a.m.	Long Jump (Boys)
<b>12:15 p.m.</b>	<b>Slow cycling (Boys &amp; Girls)(Time Trials)</b>

**Lunch Time 1:00 – 2:00 p.m.**

02:00 p.m.	400m Time Trials (Boys)
02:30 p.m.	Long Jump (Girls)
02:45 p.m.	400m Time Trials (Girls)
03:00 p.m.	Shot put (Boys)
03:30 p.m.	Shot put (Girls)
04:15 p.m.	4 X 100m Relay Time Trial (Boys)
04:45 p.m.	4 X 100m Relay Time Trial (Girls)
<b>05:00 p.m.</b>	<b>Three leg Race(Boys &amp; Girls) Finals</b>

## February 9, 2018

09:45 a.m.	110 m Hurdles (Boys)
10:00 a.m.	100m Hurdles (Girls)
10:15 a.m.	200m Heats (Boys)
10:30 a.m.	1500m Finals(Boys)
10:45 a.m.	200m Heats (Girls)
11:30 a.m.	1500m Finals(Girls)
11:40 a.m.	High Jump (Boys)
12:00 p.m.	High Jump (Girls)
<b>12:15 p.m.</b>	<b>Tug of War (Boys &amp; Girls) Heats</b>

## Lunch Time 1:00 – 2:00 p.m.

01:30 p.m.	100m Race (Teaching & Admin. Staff & Guests Below 45 yrs.)
01:45 p.m.	50m Brisk walk (Teaching & Admin. Staff & Guest above 45 years)
02:15 p.m.	Javelin (Boys)
02:30 p.m.	4 X 400m Relay Time Trial (Boys)
03:00 p.m.	4 X 400m Relay Time Trial (Girls)
<b>05:00 p.m.</b>	<b>4 X 100m Mixed Relay</b>
05:15 p.m.	50m Race (Staff wards below 10 yrs) & 100m Race (Staff wards between 10-15 yrs)
05:30 p.m.	200m Race (Non-Teaching Class III & equivalent Tech. Staff) 400m Race (Non-Teaching Class IV & Lab. Bearers and equivalent Staff)
<b>06:00 p.m.</b>	<b>Brick Race(mixed)</b>

## February 10, 2018

10:00 a.m.	3000m Finals (Girls)
10:00 a.m.	Hammer Throw (Boys)
10:30 a.m.	Hammer Throw (Girls)
10:30 a.m.	5000m Finals (Boys)
11:00 a.m.	200m Finals (Boys)
11:30 a.m.	200m Finals (Girls)
<b>12:00 p.m.</b>	<b>Tug of War (Boys &amp; Girls) Final</b>

## Lunch Time 1:00 – 2:00 p.m.

02:30 p.m.	100m Finals (Girls)
02:45 p.m.	100 m Finals (Boys)
03:30 p.m.	Musical Chair (Ladies)
<b>03:45 p.m.</b>	<b>Closing Ceremony Welcome Address By Director Presentation of Annual Report by President SAC Prize Distribution and Address By Chief Guest</b>



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## **GENERAL GUIDELINES/RULES & REGULATIONS**

**TOURNAMENT TYPE:** The tournament of athletics will comprise of Heats and Finals. The details of each event are as below

<b>EVENTS</b>	<b>HEATS</b>	<b>FINAL</b>	<b>MEN</b>	<b>WOMEN</b>
<b>100 M</b>	YES	YES	YES	YES
<b>200 M</b>	YES	YES	YES	YES
<b>400 M</b>	YES	YES	YES	YES
<b>800 M</b>	NO	YES	YES	YES
<b>1500 M</b>	NO	YES	YES	YES
<b>3000 M</b>	NO	YES	NO	YES
<b>5000 M</b>	NO	YES	YES	NO
<b>110 M HURDLES</b>	NO	YES	YES	NO
<b>4X100 M RELAY</b>	YES	YES	YES	YES
<b>4X400 M RELAY</b>	NO	YES	YES	YES
<b>HIGH JUMP</b>	NO	YES	YES	YES
<b>LONG JUMP</b>	NO	YES	YES	YES
<b>TRIPLE JUMP</b>	NO	YES	YES	YES
<b>SHOT PUT</b>	NO	YES	YES	YES
<b>DISCUS THROW</b>	NO	YES	YES	YES
<b>HAMMER THROW</b>	NO	YES	YES	YES
<b>JAVELIN THROW</b>	NO	YES	YES	YES



## **GENERAL RULES IN ATHLETICS**

(1). In a standard track of eight lanes, distribution of lanes and qualifying to subsequent rounds will be done as per standard rules for 100m, 200m, 400m run.

(2). An athlete can participate in a maximum of Three events (any three), excluding relays.

(3). For an individual event, points will be shared by both athletes and their respective Team as shown in Table 1

(4). The sum total of points secured in all the events in athletics by a Team will determine 1st and 2nd positions as a whole.

(5). In an individual event, there can be maximum 2 athletes for a team except Home team [they can have maximum 3 athletes.]

(6). If in any event, the number of participating athletes is less than 8, then bronze medal i.e. 3rd position will not be awarded for that event. If the participating athletes are less than 4, then only gold medal will be awarded and so the respective points.

(7) Best athlete from boys and girls will be chosen separately.

(8). The following events will be held in Athletics, shown in the above table for men and women. The corresponding points for Athletics Championship are also indicated in the Table 1.

(9). Decisions of the referees will be final and no objections will be entertained in the result.

(10). No new registration in the events will be entertained just before the events. The name of athletes and events filled during college registration will be considered final and no edits would be entertained further.

**\*\*RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & FESTIVAL AND THE FINAL DECISION IN ALL MATTERS RESTS WITH THE ORGANIZING TEAM**

S.NO	EVENTS	POINTS FOR INDIVIDUAL		
		POSITIONS		
		I	II	III
1	<b>100 M</b>	<b>5</b>	<b>3</b>	<b>2</b>
2	<b>200 M</b>	<b>5</b>	<b>3</b>	<b>2</b>
3	<b>400 M</b>	<b>5</b>	<b>3</b>	<b>2</b>
4	<b>800 M</b>	<b>5</b>	<b>3</b>	<b>2</b>
5	<b>1500 M</b>	<b>5</b>	<b>3</b>	<b>2</b>
6	<b>3000 M</b>	<b>5</b>	<b>3</b>	<b>2</b>
7	<b>5000 M</b>	<b>5</b>	<b>3</b>	<b>2</b>
8	<b>110 M HURDLES</b>	<b>5</b>	<b>3</b>	<b>2</b>
9	<b>4X100 M RELAY</b>	<b>10</b>	<b>6</b>	<b>4</b>
10	<b>4X400 M RELAY</b>	<b>10</b>	<b>6</b>	<b>4</b>
11	<b>HIGH JUMP</b>	<b>5</b>	<b>3</b>	<b>2</b>
12	<b>LONG JUMP</b>	<b>5</b>	<b>3</b>	<b>2</b>
13	<b>TRIPLE JUMP</b>	<b>5</b>	<b>3</b>	<b>2</b>
14	<b>SHOT PUT</b>	<b>5</b>	<b>3</b>	<b>2</b>
15	<b>DISCUS THROW</b>	<b>5</b>	<b>3</b>	<b>2</b>
16	<b>JAVELIN THROW</b>	<b>5</b>	<b>3</b>	<b>2</b>
17	<b>HAMMER THROW</b>	<b>5</b>	<b>3</b>	<b>2</b>

**Note:**

110mhurdles are only for Men.

3000m race is only for Women

If the number of teams in relay events is less than 8 then only finals will take place and no heats would be conducted.