



**MOTILAL NEHRU NATIONAL INSTITUTE OF TECHNOLOGY ALLAHABAD**

STUDENT ACTIVITY CENTER

**PRESENTS**



# 52<sup>nd</sup> ANNUAL ATHLETIC MEET

October 26-28, 2018



**S.P. VERMA**

(ORGANISING SECRETARY)

9336587151

**VAIBHAV BADOLE**

(STUDENT CO-ORDINATOR)

9588434519

**SHREYA YADAV**

(STUDENT CO-ORDINATOR)

7839313080



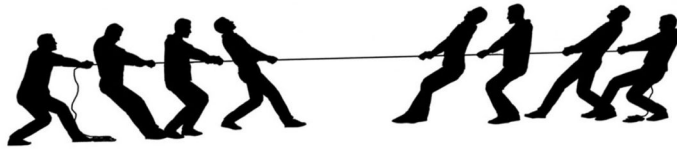
**MOTILAL NEHRU NATIONAL INSTITUTE OF TECHNOLOGY ALLAHABAD**

**STUDENT ACTIVITY CENTER**

**PRESENTS**

# **52<sup>ND</sup> ANNUAL ATHLETIC MEET**

**(October 26-28, 2018)**



**TUG OF WAR**



**MIXED RELAY**



**THREE LEGGED RACE**



**SLOW CYCLING**



**BRICK RACE**

**S.P.Verma**  
**(Organising Secretary)**  
**9565132968**

**Vaibhav Badole**  
**(Student Co-ordinator)**  
**9588434519**

**Shreya Yadav**  
**(Student Co-ordinator)**  
**7839313080**



# 52<sup>nd</sup> Annual Athletics Meet



## October 26, 2018

- 8:00 a.m. 100m Heats(Boys)
- 10:00 a.m. Opening Ceremony
- 11:00 a.m. Specially abled Students Race
- 11:15 a.m. Discus Throw(Boys)
- 11:15 a.m. 100m Heats(Girls)
- 11:45 a.m. 800m Finals(Boys)
- 12:00 p.m. 800m Finals(Girls)
- 12:15 p.m. Slow Cycling(Boys & girls)  
(Time Trials)
- Lunch Time 1:00 – 2:00 p.m.**
- 2:30 p.m. Discus Throw(Girls)
- 2:30 p.m. 400m Time Trials(Boys)
- 2:45 p.m. 400m Time Trials(Girls)
- 3:00 p.m. Javelin (Boys)
- 3:15 p.m. Javelin (Girls)
- 3:30 p.m. Long Jump(Boys)
- 4:00 p.m. Long Jump(Girls)
- 4:00 p.m. 4x100m Heats(Boys)
- 4:30 p.m. 4x100m Heats(Girls)
- 5:00 p.m. Three Leg Race(Boys & girls)  
(Time Trials)
- 6:30 p.m. Prize Distribution



## October 27, 2018

- 8:30 a.m. 110m Hurdles Finals(Boys)
- 9:30 a.m. 200m Heats(Girls)
- 10:00 a.m. 200m Heats(Boys)
- 10:15 a.m. Shot Put(Girls)
- 11:00 a.m. Shot Put(Boys)
- 11:00 a.m. 4x400m Relay(Girls)  
(Time Trials)
- 11:30 a.m. 4x400m Relay(Boys)  
(Time Trials)
- 12:00 p.m. Tug of War Heats(Boys)
- Lunch Time 1:00 – 2:00 p.m.**
- 2:30 p.m. 200m Race(Non teaching class III & equivalent Tech. staff)
- 2:30 p.m. 400m Race(Non teaching class IV & Lab Bearers and equivalent staff)
- 2:30 p.m. High Jump(Boys)
- 3:00 p.m. 100m Race(Teaching & Admin. Staff & Guest Below 45 yrs)
- 3:30 p.m. 50m Brisk walk(Teaching & Admin. Staff & Guest Above 45 yrs)
- 3:30 p.m. High Jump(Girls)
- 4:00 p.m. 1500m (Boys)
- 4:15 p.m. 1500m (Girls)
- 4:30 p.m. 50m Race(Staff wards below 10yrs)
- 4:30 p.m. 100m Race  
(Staff wards between 10-15 yrs)
- 4:30 p.m. Tug of War Heats (Girls)

- 5:00 p.m. 4x100m Mixed Relay
- 6:00 p.m. Brick Race(Mixed)
- 7:00 p.m. Prize Distribution

## October 28, 2018

- 8:30 a.m. 5000m Finals(Boys)
- 9:00 a.m. 100m Finals(Boys)
- 9:30 a.m. 100m Finals(Girls)
- 10:00 a.m. Triple Jump(Boys)
- 10:15 a.m. Hammer Throw(Girls)
- 11:00 a.m. Hammer Throw(Boys)
- 11:45 a.m. 200m Finals(Boys)
- 12:00 p.m. 200m Finals(Girls)
- Lunch Time 1:00 – 2:00 p.m.**
- 3:30 p.m. Tug of War Finals(Boys)
- 3:15 p.m. Tug of War Finals(Girls)
- 3:30 p.m. Musical Chair(Ladies)
- 3:45 p.m. 4x100m Finals(Boys)
- 4:00 p.m. 4x100m Finals(Girls)
- 4:15 p.m. Specially abled Students  
Throwing Events
- 4:30 p.m. Closing Ceremony and  
Prize Distribution

**VAIBHAV BADOLE**  
7234013983

**SHREYA YADAV**  
7839313080





मोतीलाल नेहरू राष्ट्रीय प्रौद्योगिकी संस्थान इलाहाबाद  
इलाहाबाद-२११००४ [भारत]  
Motilal Nehru National Institute of Technology Allahabad  
Allahabad-211004 [India]

## 52<sup>nd</sup> Annual Athletics Meet Schedule

October 26, 2018

8:00 a.m.	100m Heats (Boys)
10:00 a.m.	<b>Opening Ceremony</b>
11:00 a.m.	Specially abled Students 100m race
11:15 a.m.	Discuss Throw (Boys)
11:15 a.m.	100m Heats (Girls)
11:45 a.m.	800m Finals (Boys)
12:00 p.m.	800m Finals (Girls)
<b>12:15 p.m.</b>	<b>Slow Cycling (Boys &amp; Girls)(Time Trials)</b>

Lunch Time 1:00 – 2:00 p.m.

2:30 p.m.	Discus Throw (Girls)
2:30 p.m.	400m Time Trials (Boys)
2:45 p.m.	400m Time Trials (Girls)
3:00 p.m.	Javelin(Boys)
3:15 p.m.	Javelin(Girls)
3:30 p.m.	Long Jump (Boys)final
4:00 p.m.	Long Jump (Girls)final
4:00 p.m.	4 X 100m Relay Heats(Boys)
4:30 p.m.	4 X 100m Relay Heats (Girls)
<b>5:00 p.m.</b>	<b>Three leg Race(Boys &amp; Girls) (Time Trials)</b>
<b>6:30 p.m.</b>	<b>Prize Distribution</b>

## October 27, 2018

8:30 a.m.	110 m Hurdles (Boys)
9:30 a.m.	200m Heats (Girls)
10:00 a.m.	200m Heats (Boys)
10:15 a.m.	Shot put (Girls)
11:00 a.m.	Shot put (Boys)
11:00 a.m.	4 X 400m Relay Time Trial (Girls)
11:30 p.m.	4 X 400m Relay Time Trial (Boys)
<b>12:00 p.m.</b>	<b>Tug of War (Boys) Heats</b>

## Lunch Time 1:00 – 2:00 p.m.

2:30 p.m.	200m Race (Non-Teaching Class III & equivalent Tech. Staff) 400m Race (Non-Teaching Class IV & Lab. Bearers and equivalent Staff)
2:30 p.m.	High Jump(Boys)
3:00 p.m.	100m Race (Teaching & Admin. Staff & Guests Below 45 yrs)
3:30 p.m.	50m Brisk walk (Teaching & Admin. Staff & Guest above 45 years)
3:30 p.m.	High Jump (Girls)
4:00 p.m.	1500m (Boys)final
4:15 p.m.	1500m(Girls)final
4:30 p.m.	50m Race (Staff wards below 10 yrs) & 100m Race (Staff wards between 10-15 yrs)
<b>4:30 p.m.</b>	<b>Tug of War (Girls) Heats</b>
<b>5:00 p.m.</b>	<b>4 X 100m Mixed Relay</b>
<b>6:00 p.m.</b>	<b>Brick Race(mixed)</b>
<b>7:00 p.m.</b>	<b>Prize Distribution</b>

## October 28, 2018

8:30 a.m.	5000m Final(Boys)
9:00 a.m.	100m Finals (Boys)
9:30 a.m.	100m Finals (Girls)
10:00 a.m.	Triple jump(Boys)
10:15 a.m.	Hammer Throw (Girls)
11:00 a.m.	Hammer Throw (Boys)
11:45 p.m.	200m Finals (Boys)
12:00 p.m.	200m Finals (Girls)

## Lunch Time 1:00 – 2:00 p.m.

3:00 p.m.	<b>Tug of War (Boys)final</b>
3:15 p.m.	<b>Tug of War (Girls)final</b>
3:30 p.m.	Musical Chair (Ladies)
3:45 p.m.	4*100m Finals (Boys)
4:00 p.m.	4*100 m Finals (Girls)
4:15 p.m.	Specially Abled students throwing events
4:30 p.m.	<ul style="list-style-type: none"> <li>❖ Closing Ceremony</li> <li>❖ Welcome Address By Director</li> <li>❖ Presentation of Annual Report by President SAC</li> <li>❖ Prize Distribution and Address By Chief Guest</li> </ul>



**मोतीलाल नेहरू राष्ट्रीय प्रौद्योगिकी संस्थान इलाहाबाद**  
**इलाहाबाद-२११००४ [भारत]**  
**Motilal Nehru National Institute of Technology Allahabad**  
**Allahabad-211004 [India]**

## **GENERAL GUIDELINES/RULES & REGULATIONS**

**TOURNAMENT TYPE:** The tournament of athletics will comprise of Heats and Finals. The details of each event are as below

<b>EVENTS</b>	<b>HEATS</b>	<b>FINAL</b>	<b>MEN</b>	<b>WOMEN</b>
<b>100 M</b>	YES	YES	YES	YES
<b>200 M</b>	YES	YES	YES	YES
<b>400 M</b>	NO	YES	YES	YES
<b>800 M</b>	NO	YES	YES	YES
<b>1500 M</b>	NO	YES	YES	YES
<b>5000 M</b>	NO	YES	YES	NO
<b>110 M HURDLES</b>	NO	YES	YES	NO
<b>4X100 M RELAY</b>	YES	YES	YES	YES
<b>4X400 M RELAY</b>	NO	YES	YES	YES
<b>HIGH JUMP</b>	NO	YES	YES	YES
<b>LONG JUMP</b>	NO	YES	YES	YES
<b>TRIPLE JUMP</b>	NO	YES	YES	NO
<b>SHOT PUT</b>	NO	YES	YES	YES
<b>DISCUS THROW</b>	NO	YES	YES	YES
<b>HAMMER THROW</b>	NO	YES	YES	YES
<b>JAVELIN THROW</b>	NO	YES	YES	YES

### **GENERAL RULES IN ATHLETICS (FORMALS)**

- (1).**In a standard track of eight lanes, distribution of lanes and qualifying to subsequent rounds will be done as per standard rules for 100m, 200m, 400m run.
- (2).**An athlete can participate in any numbers of events.
- (3).**For an individual event, points will be shared by both athletes and their respective Team as shown in Table 1
- (4).**The sum total of points secured in all the events in athletics by a Team will determine 1st and 2nd positions as a whole.
- (5).**If in any event, the number of participating athletes is less than 8, then bronze medal i.e. 3rd position will not be awarded for that event. If the participating athletes are less than 4, then only gold medal will be awarded and so the respective points.
- (7)** Best athlete from boys and girls will be chosen separately.
- (8).**The following events will be held in Athletics, shown in the above table for men and women. The corresponding points for Athletics Championship are also indicated in the Table 1.
- (9).** Decisions of the referees will be final and no objections will be entertained in the result.
- (10).** No new registration in the events will be entertained just before the events. The name of athletes and events filled during college registration will be considered final and no edits would be entertained further.



**\*\*RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & FESTIVAL AND THE FINAL DECISION IN ALL MATTERS RESTS WITH THE ORGANIZING TEAM**

S.NO	EVENTS	POINTS FOR INDIVIDUAL		
		POSITIONS		
		I	II	III
1	100 M	5	3	2
2	200 M	5	3	2
3	400 M	5	3	2
4	800 M	5	3	2
5	1500 M	5	3	2
6	5000 M	5	3	2
7	110 M HURDLES	5	3	2
8	4X100 M RELAY	10	6	4
9	4X400 M RELAY	10	6	4
10	HIGH JUMP	5	3	2
11	LONG JUMP	5	3	2
12	TRIPLE JUMP	5	3	2
13	SHOT PUT	5	3	2
14	DISCUS THROW	5	3	2
15	JAVELIN THROW	5	3	2
16	HAMMER THROW	5	3	2

**Note:**

- 110m hurdles, 400m hurdles are only for Men
- 5000m race, Triple Jump is only for Men
- If the number of teams in relay events is less than 8 then only finals will take place and no heats would be conducted.

### **GENERAL RULES FOR INFORMAL EVENTS**

- (1).** Tug of war team must consist of 12 members from each teams.
- (2).** Team for mixed relay should have two boys and two girls.
- (3).** Three leg race team should consist of one boy and girl.
- (4).** Brick race event team consist of one boy and one girl.
- (5).** Mentioned events are on the basis time trials. Necessary information will be provided at time of event.
- (6)** Officials decision will be consider as final.